

Enroute Weather					1-800-WX-BRIEF				
AST+10 (no HDT)	AST+9	PST+8	MST+7	CST+6	EST+5	EDT+4	CDT+5	MDT+6	EST+5
Zulu time ¹ UDC =									

Terminal and Enroute Forecasts and Trends		
Location	Time	Forecast

Wind and Temperature Aloft Forecasts		
Location	Alt	Alt
NOTAMS / PIREPS / Significant Weather Forecasts		
Location		



VFR Cruising Altitudes
Magnetic Course

180°-359° (Inclusive)	0°-179° (Inclusive)
EVEN thousands + 500'	ODD thousands + 500'
4500, 6500, 8500...	3500, 5500, 7500...

notes

HEADING				CHECKPOINT <i>(or fix)</i> and Altitude	DIST		GS		TIME		FUEL		gph	
TH		MH	LEG		REMA	EST	ACT	ETE	ATE	ETA	ATA	LEG	REM	flow fuel at takeoff
WCA	Var	Dev												
fold														
													total	

